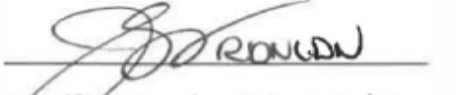


FACILITY OR  
INSTITUTION NAME: \_\_\_\_\_

STATE OF FLORIDA  
DEPARTMENT OF CORRECTIONS  
MASTER MENU FY 2024-2025

MONTH OF \_\_\_\_\_  
OPERATION: \_\_\_\_\_

FL Department of Corrections Approval  
Roosevelt Petithomme, Bureau Chief

  
Jennifer Murphy, R.D., L.D./ N  
Public Health Nutrition Consultant

WEEK 1

Effective: OCTOBER 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c cinnamon brown sugar sweetened oatmeal 2 ea pancakes (E)  1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk 1 ea margarine	2 ea breakfast sausage patty (E) 1 c buttery oatmeal 2 ea buttermilk drop biscuits (2 ozw)  ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk	1 c cinnamon brown sugar sweetened oatmeal 2 ea streusel coffee cake (E) (1/48 cut)  1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	¾ c country meat gravy (E) 1 c buttery grits 2 ea buttermilk drop biscuits (2 ozw)  ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk	½ c scrambled eggs (E) 1 c buttery oatmeal 2 ea tortillas  ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 oz shredded cheese (#30 disher) 2 ea sugar pk	½ c scrambled eggs (E) 1 c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 cut)  ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	½ c scrambled eggs (E) 1 c buttery grits 2 ea breakfast muffin square (1/48 cut)  ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk
No Alternate Entrée	2 oz cheese (AE)	No Alternate Entrée	2 oz cheese (AE)	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 ea chicken BBQ patty (E) ¾ c mashed potatoes  ½ c sweet peas ½ c cabbage 1 ea sweet cornbread (1/48 cut)  ½ oz mustard ½ oz ketchup 1 c fortified tea	3 oz peanut butter & jelly (E) (#12 disher)  1 c pasta salad ½ c carrot coins 2 ea bread 1 ea brownie 1 c fortified tea	½ c sloppy joe (E) ½ c coleslaw vinaigrette 1 c dried beans ½ c green beans 2 ea bread  1 c fortified tea	½ c tangy BBQ turkey E&P (E) ½ c greens ¾ c rice 2 ea bread  1 c fortified tea	1 ea buffalo chicken patty (E)  1 c pasta salad 3 ea pickle chips 2 ea bread  1 ea cookie ½ oz mayo ½ oz mustard 1 c fortified tea	½ c southern BBQ (E) ¾ c rice 1 c dried beans ½ c carrots 2 ea bread  1 ea cookie 1 c fortified tea	2 oz luncheon meat (E) 1 oz cheese 1 c black bean and corn salad ½ c coleslaw vinaigrette 2 ea bread  1 ea fudge brownie (1/48 cut) ⅓ oz mayo ½ oz mustard 1 c fortified tea
1 c dried beans (AE)	No Alternate Entrée	1 c dried beans (AE)	1 c dried beans (AE)	3 oz cheese (AE)	1 c dried beans (AE)	3 oz cheese (AE)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
½ c Italian tomato sauce (E)  ¾ c pasta 1 c dried beans ½ c mixed vegetables 1 ea garlic herb biscuit with melted margarine 1 ea cake (1/48 cut)  1 c fortified beverage	1 ea chicken leg quarter, herbed (E)  ¾ c yellow rice 1 c BBQ beans ½ c mixed vegetables 1 ea sweet cornbread (1/48 cut)  1 c fortified beverage	1 c taco skillet (E)  ½ c broccoli 1 c dried beans ½ c garden salad 2 ea tortillas  1 ea cookie ½ fl oz dressing 1 c fortified beverage	1 ea country patty (E) ¼ c alfredo sauce ¾ c pasta 1 c dried beans ½ c cabbage 2 ea bread  ½ oz mustard ½ oz ketchup 1 c fortified beverage	1 ea beef and bean burrito (4oz) (E) ¾ c fiesta rice 1 c pinto beans ½ c lettuce 1 oz shredded cheese (#30 disher) 2 oz salsa ¾ c tortilla chips 1 ea snickerdoodle cookie  1 c fortified beverage	1 ea chicken sausage patty (E) 1 c BBQ beans ½ c mixed vegetables ½ c creamy coleslaw 2 ea bread ½ oz mustard ½ oz ketchup  1 c fortified beverage	1 ea chicken pepper patty (E) 1 c pasta salad ½ c shredded lettuce  2 ea tortillas  1 ea cookie ⅓ oz mustard ½ oz ketchup 1 c fortified beverage
1 c dried beans (AE)	3 oz peanut butter (AE) (#12 disher) 2 ea bread	1 c dried beans (AE) ½ c rice	3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher) 2 ea bread		

E denotes entree  
AE denotes alternate entree  
AE do not receive:  
● gravy  
● mustard or ketchup  
● cornbread or pan biscuit when alternate is peanut butter  
Salt shall be offered

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Food Service Director

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

NUTRITIONAL REQUIREMENTS FOR THIS MENU ARE EVALUATED AND APPROVED FOR THE WEEKLY AVERAGE, (SUNDAY THROUGH SATURDAY), TO MEET RECOMMENDED NATIONAL GUIDELINES. APPROVED SUBSTITUTIONS HAVE BEEN EVALUATED AND MAY BE USED AS NECESSARY TO MEET THE WEEKLY REQUIREMENTS.


FACILITY OR  
INSTITUTION NAME:\_\_\_\_\_



FL Department of Corrections Approval  
Roosevelt Petithomme, Bureau Chief

STATE OF FLORIDA  
DEPARTMENT OF CORRECTIONS  
MASTER MENU FY 2024-2025

WEEK 2

  
Jennifer Murphy, R.D., L.D./ N  
Public Health Nutrition Consultant

MONTH OF \_\_\_\_\_  
OPERATION: \_\_\_\_\_

Effective: OCTOBER 2024			Roosevelt Petithomme, Bureau Chief										WEEK 2										Public Health Nutrition Consultant									
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY														
BREAKFAST			BREAKFAST			BREAKFAST			BREAKFAST			BREAKFAST			BREAKFAST			BREAKFAST														
1 c cinnamon brown sugar sweetened oatmeal	2 ea	breakfast sausage patty (E)	1 c	buttery oatmeal	2 ea	cinnamon brown sugar sweetened oatmeal	1 c	country meat gravy (E)	¾ c	buttery grits	1 c	breakfast sausage patty (E)	2 ea	buttery grits	1 c	cinnamon brown sugar sweetened oatmeal	1 c	scrambled eggs (E)	⅓ c													
		2 ea																		streusel coffee cake (E) (1/48 cut)	2 ea	buttermilk drop biscuits (2 ozw)	2 ea	breakfast muffin squares (1/48 cut)	2 ea	blueberry muffin squares (E) (1/48 cut)	2 ea	bread				
		2 ea																		Citrus Sunrise	2 ea	Citrus Sunrise	2 ea	Citrus Sunrise	2 ea	canned or frozen fruit	2 ea	Citrus Sunrise				
		1 ea																		coffee	1 ea	coffee	1 ea	coffee	1 ea	coffee	1 ea	coffee				
		1 c																		breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage				
		½ oz																		jelly (#60 disher)	½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)				
		2 ea																		sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk				
		No Alternate Entrée																		2 oz cheese(AE)		No Alternate Entrée		2 oz cheese (AE)		2 oz cheese (AE)		No Alternate Entrée		No Alternate Entrée		
LUNCH			LUNCH			LUNCH			LUNCH			LUNCH			LUNCH			LUNCH														
1 ea crispy chicken patty (E)	3 oz	peanut butter & jelly (E) (#12 disher)	1 c	pasta salad	1 c	turkey (E&P) fried rice (E)	1 c	frito pie (E)	1 c	rice	¾ c	luncheon meat (E)	2 oz	cheese (E)	1 oz	shepherd stew (E)	1 c	taco meat (E)	½ c													
		½ c																		carrot coins	½ c	carrots	½ c	greens	½ c	shredded lettuce	1 c	baked beans	1 c	dried beans		
		2 ea																		bread	1 ea	buttermilk biscuit (1/48 cut)	1 ea	sweet cornbread (1/48 cut)	2 ea	bread	1 oz	shredded cheese (#30 scoop)	1 oz	shredded cheese (#30 scoop)		
		1 ea																		cake (1/48 cut)	1 ea	cookie	1 ea	brownie (1/48 cut)	1 ea	cookie	2 ea	tortillas				
		½ fl oz																		dressing	1 ea	cookie	1 ea	brownie (1/48 cut)	1 ea	cookie	1 ea	cookie				
		½ oz																		mayo	1 ea	cookie	1 ea	brownie (1/48 cut)	1 ea	cookie	1 ea	cookie				
		½ oz																		mustard	1 ea	cookie	1 ea	brownie (1/48 cut)	1 ea	cookie	1 ea	cookie				
		1 c																		fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea		
No Alternate Entrée		1 c dried beans (AE)		1 c dried beans (AE)		1 c dried beans (AE)		3 oz cheese (AE)		1 c baked beans (AE)		1 c dried beans (AE)																				
1 c dried beans (AE)		½ c rice (AE)		1 c dried beans (AE)		1 c dried beans (AE)		3 oz cheese (AE)		1 c baked beans (AE)		1 c dried beans (AE)																				
DINNER			DINNER			DINNER			DINNER			DINNER			DINNER			DINNER														
2 ea turkey hot dog (E)	1 ea	chicken leg quarter, BBQ (E)	¾ c	dried beans	1 c	scrambled egg & potato casserole (E)	1 c	charbroiled patty (E)	1 ea	corn	½ c	turkey pot pie (E)	1 c	rice	¾ c	chicken BBQ patty (E)	1 ea	chicken salt & pepper patty (E)	1 ea													
		¾ c																		garlic mashed potatoes	2 ea	breakfast sausage (1 ozw each)	½ c	corn	1 c	dried beans	1 c	dried beans	1 c	pasta salad		
		1 c																		dried beans	1 c	cheesy grits	1 c	dried beans	¾ c	rice	¾ c	rice				
		½ c																		mixed vegetables	1 c	cheesy grits	½ c	shredded lettuce	½ c	corn	½ c	carrots				
		2 ea																		buttermilk biscuit (1/48 cut)	3 ea	pickle chips	½ c	peas	½ c	shredded lettuce						
		1 ea																		garlic herb biscuit with melted margarine	2 ea	bread	2 ea	drop biscuits	2 ea	bread						
		1 ea																		cookie	1 ea	cookie	1 ea	carrot cake w/ cream cheese frosting (1/48 cut)	1 ea	cake (1/48 cut)						
		½ oz																		mustard	½ oz	jelly (#60 disher)	¾ oz	mustard	½ oz	mustard						
½ oz	ketchup	1 ea	margarine	½ oz	ketchup	½ oz	ketchup	½ oz	mayo																							
1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage																					
1 c dried beans (AE)		3 oz peanut butter (AE) (#12 disher)		2 oz cheese (AE)		3 oz peanut butter (AE) (#12 disher)		1 c dried beans (AE)		1 c dried beans (AE)		3 oz cheese (AE)																				
2 ea bread		2 ea bread																														

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• gravy  
• mustard or ketchup  
• cornbread or pan biscuit when alternate is peanut butter  
Salt shall be offered

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Food Service Director

MENU SUBJECT TO CHANGE DUE TO PRODUCTION PROBLEMS, PRODUCT AVAILABILITY, OR SECURITY ISSUES

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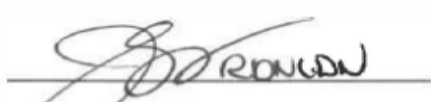
FACILITY OR  
INSTITUTION NAME:\_\_\_\_\_

STATE OF FLORIDA  
DEPARTMENT OF CORRECTIONS  
MASTER MENU FY 2024-2025

MONTH OF  
OPERATION: \_\_\_\_\_



FL Department of Corrections Approval  
Roosevelt Petithomme, Bureau Chief

  
Jennifer Murphy, R.D., L.D./ N  
Public Health Nutrition Consultant

Effective: OCTOBER 2024						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c cinnamon brown sugar sweetened oatmeal 2 ea pancakes (E)  1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk 1 ea margarine	2 ea breakfast sausage patty (E) 1 c buttery oatmeal 2 ea buttermilk drop biscuits (2 ozw)  ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk	1 c cinnamon brown sugar sweetened oatmeal 2 ea streusel coffee cake (E) (1/48 cut)  1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	¾ c country meat gravy (E) 1 c buttery grits 2 ea buttermilk drop biscuits (2 ozw)  ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk	½ c scrambled eggs (E) 1 c buttery oatmeal 2 ea tortillas  ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage 1 oz shredded cheese (#30 scoop) 2 ea sugar pk	1 c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 cut)  ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk	⅓ c scrambled eggs (E) 1 c buttery grits 2 ea breakfast muffin square (1/48 cut)  ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk
No Alternate Entrée	2 oz cheese (AE)	No Alternate Entrée	2 oz cheese (AE)	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 ea chicken pepper patty (E) ¾ c pasta ½ c mixed vegetables ¼ c alfredo sauce  2 ea bread  ½ oz mustard ½ oz ketchup 1 c fortified tea	3 oz peanut butter & jelly (E) (#12 disher) 1 c pasta salad ½ c carrot coins  2 ea bread  1 ea cookie  1 c fortified tea	1 c western chili (E) ¾ c rice ½ c corn ½ c garden salad  1 ea sweet cornbread (1/48 cut)  ½ oz dressing 1 c fortified tea	1 c shepherd stew (E) ¾ c mashed potatoes 1 c dried beans  1 ea buttermilk biscuit (1/48 cut) 1 oz shredded cheese(#30 scoop)  1 c fortified tea	2 oz luncheon meat (E) 1 oz cheese (E) 1 c pasta salad ½ c shredded lettuce  2 ea bread  1 ea fudge brownie (1/48 cut) ½ oz mayo ½ oz mustard 1 c fortified tea	1 ea chicken sausage patty (E) ¾ c yellow rice 1 c dried beans ½ c mixed vegetables  2 ea bread  1 ea cookie ⅓ oz mustard ½ oz ketchup 1 c fortified tea	1 c chili mac (E) 1 c dried beans ½ c coleslaw vinaigrette  1 ea sweet cornbread (1/48 cut)  1 c fortified tea
1 c dried beans (AE)	No Alternate Entrée	1 c dried beans (AE)	1 c dried beans (AE) ½ c carrots (AE)	3 oz cheese (AE)	1 c dried beans (AE)	1 c dried beans (AE) ½ c pasta (AE)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
6 ea meatballs (E)  1 c dried beans ¾ c garlic mashed potatoes ½ c cabbage 1 ea buttermilk biscuit (1/48 cut) ¼ c country gravy 1 ea cake (1/48 cut)  1 c fortified beverage	1 ea chicken leg quarter, herbed (E) ¾ c yellow rice 1 c dried beans  ½ c greens 1 ea sweet cornbread (1/48 cut)  1 c fortified beverage	1 ea 100% beef patty (E)  1 c dried beans ¾ c scalloped noodles ½ c coleslaw vinaigrette 2 ea bread  1 ea cookie ½ oz mustard ½ oz ketchup 1 c fortified beverage	1 ea country patty (E) ¾ c rice 1 c dried beans ½ c carrots ½ c garden salad 1 ea sweet cornbread (1/48 cut) ¼ c country gravy  ½ fl oz dressing 1 c fortified beverage	1 c chili (E) 1 ea baked potato 1 oz cheese sauce ½ oz bacon bits ½ c broccoli 1 ea cornbread (1/48 cut) 1 ea cinnamon frosted apple spice cake (1/48 cut)  1 c fortified beverage	1 ea chicken onion patty (E) ¾ c garlic mashed potatoes  ½ c carrots ½ c lettuce 2 ea bread  ½ oz mustard ⅓ oz ketchup 1 c fortified beverage	3 oz peanut butter & jelly (E) (#12 disher)  1 c pasta salad ½ c carrot coins  2 ea bread  1 ea cookie 1 c fortified beverage
1 c dried beans (AE)	3 oz peanut butter (AE) (#12 disher) 2 ea bread	3 oz peanut butter (AE) (#12 disher)	3 oz peanut butter (AE) (#12 disher) 2 ea bread	1 c dried beans (AE)	1 c dried beans (AE)	No Alternate Entrée

E denotes entree  
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• gravy  
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Food Service Director

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STATE OF FLORIDA  
DEPARTMENT OF CORRECTIONS  
MASTER MENU FY 2024-2025

  
Jennifer Murphy, R.D., L.D./ N  
Public Health Nutrition Consultant

MONTH OF \_\_\_\_\_  
OPERATION: \_\_\_\_\_

WEEK 4

Effective: OCTOBER 2024		Roosevelt Petithomme, Bureau Chief					Public Health Nutrition Consultant						
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
1 c bran flakes cereal  1 ea margarine 2 ea pancakes (E) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 2 oz syrup 2 ea sugar pk  No Alternate Entrée		2 ea breakfast sausage (E)		1 c cinnamon brown sugar sweetened oatmeal  2 ea streusel coffee cake (E) (1/48 cut) 1 ea fresh fruit 1 c coffee 1 c breakfast beverage 1 c sugar pk  2 ea sugar pk  No Alternate Entrée		¾ c country meat gravy (E)		2 ea breakfast sausage (E)  1 c buttery grits  2 ea breakfast muffin squares (1/48 cut) ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk  2 oz cheese (AE)		1 c cinnamon brown sugar sweetened oatmeal  2 ea blueberry muffin squares (E) (1/48 cut) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage 2 ea sugar pk  No Alternate Entrée		⅓ c scrambled eggs (E)  1 c buttery grits  2 ea bread ½ c Citrus Sunrise 1 c coffee 1 c breakfast beverage ½ oz jelly 2 ea sugar pk  No Alternate Entrée	
		1 c buttery oatmeal				1 c buttery grits							
		2 ea buttermilk drop biscuits (2 ozw)				2 ea buttermilk drop biscuits (2 ozw)							
		½ c Citrus Sunrise				½ c Citrus Sunrise							
		1 c coffee				1 c coffee							
		1 c breakfast beverage				1 c breakfast beverage							
		½ oz jelly				½ oz jelly							
		2 ea sugar pk				2 ea sugar pk							
LUNCH		LUNCH		LUNCH		LUNCH		LUNCH		LUNCH		LUNCH	
1 c mac and cheese casserole (E)  1 c dried beans ½ c mixed vegetables  1 ea buttermilk biscuit (1/48 cut)  1 c fortified tea 1 c dried beans (AE) ½ c pasta		1 ea buffalo chicken patty (E)		1 c yakisoba (E)  1 c dried beans ½ c coleslaw vinaigrette  2 ea bread  1 ea cake (1/48 cut)  1 c fortified tea		3 oz peanut butter & jelly (E) (#12 disher)		1 ea chicken salt & pepper patty (E) 1 c pasta salad  ½ c shredded lettuce  2 ea bread  1 ea cake (1/48 cut) ½ oz mustard ½ oz ketchup 1 c fortified tea 3 oz cheese (AE)		1 c western chili (E) ¾ c rice  ½ c carrots  1 ea southern cornbread (1/48 cut)  1 ea cookie  1 c fortified tea 1 c dried beans (AE)		2 oz luncheon meat (E) 1 oz shredded cheese (#30 scoop) 1 c black bean and corn salad ½ c shredded lettuce  2 ea tortillas  1 ea cookie ⅓ oz mustard ⅓ oz mayo 1 c fortified tea 3 oz cheese (AE)	
		¾ c alfredo sauce				1 c black bean & corn salad							
		¾ c pasta				½ c garden salad							
		½ c shredded lettuce				2 ea bread							
		2 ea bread				1 ea cookie							
		1 ea fudge brownie (1/48 cut)				½ oz dressing							
		½ oz mustard				½ oz fortified tea							
		½ oz mayo				No Alternate Entrée							
DINNER		DINNER		DINNER		DINNER		DINNER		DINNER		DINNER	
1 ea charbroiled patty (E) ¾ c garlic mashed potatoes ½ c shredded lettuce 3 ea pickle chips  2 ea bread 1 ea cookie  ½ oz mustard ½ oz ketchup 1 c fortified beverage 3 oz peanut butter (AE) (#12 disher)		1 ea chicken leg quarter, cajun (E)		1 c scrambled egg & potato casserole (E) 2 ea breakfast sausage (1 ozw each) 1 c cheesy grits  2 ea buttermilk biscuit (1/48 cut)  ½ oz jelly (#60 disher) 1 ea margarine 1 c fortified beverage 2 oz cheese (AE)		1 ea charbroiled patty (E)		1 c turkey pot pie (E)  ¾ c rice ½ c corn ½ c peas 2 ea biscuits 1 ea carrot cake w/ cream cheese frosting (1/48 cut)  1 c fortified beverage 1 c dried beans (AE)		1 ea chicken sausage patty (E) ¾ c pasta 1 c ranch beans ½ c creamy coleslaw  ¼ c alfredo sauce 2 ea bread  ½ oz mustard ½ oz ketchup 1 c fortified beverage 1 c ranch beans (AE)		1 ea fish patty (E) ¾ c cheesy grits 1 c dried beans ½ c greens  2 ea bread  ½ fl oz tartar sauce 1 c fortified beverage 1 c dried beans (AE)	
		¾ c yellow rice				¾ c pasta & cheese							
		1 c dried beans				½ c carrots							
		½ c carrots				2 ea bread							
		1 ea sweet cornbread (1/48 cut)				½ oz mustard							
		1 c fortified beverage				½ oz mayo							
		3 oz peanut butter (AE) (#12 disher)				1 c fortified beverage							
		2 ea bread				1 c fortified beverage							
						3 oz cheese (AE)							
						3 oz cheese (AE)							

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